

Registration form

Exploring and Expressing Grief

Fourth annual conference for those experiencing grief and bereavement professionals

Presented by St. Elizabeth Hospice

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

Phone: _____

E-mail: _____

Additional names:

Morning discussion group

Please choose one group

- Orphaned Adults – Nobody's Child Anymore
- After You've Lost Your Spouse
- When Your Child Dies
- Understanding Grief: What is Normal Grief?
- Supporting the Grieving Child
- Sharing Spiritual Stories

Afternoon activity groups

Please choose one group

- Writing
- Collage
- Music and Grief – Experiencing in Listening.

Enclosed is a check for \$20 for each person attending the program.

To pay by credit card, please call the center at (765) 449-5133. To register, please complete this form and return to the Kathryn Weil Center for Education, 2400 South St., Lafayette, IN 47904.

St. Elizabeth Regional Health
Kathryn Weil Center for Education
2400 South Street
Lafayette, Indiana 47904
(765) 449-5133
www.ste.org

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Exploring and Expressing Grief

Fourth annual conference for those experiencing grief and bereavement professionals

Presented by St. Elizabeth Hospice



9 A.M. – 2 P.M.
SATURDAY, OCT. 31, 2009

KATHRYN WEIL CENTER FOR
EDUCATION



St. Elizabeth
HOSPICE

Sisters of St. Francis Health Services



Exploring and Expressing Grief

Fourth annual conference for those experiencing grief and bereavement professionals

Presented by St. Elizabeth Hospice

Saturday, Oct. 31, 2009 • Kathryn Weil Center for Education

The center is located at 415 N. 26th St., Suite 400 – located in the Medical Arts Building on the campus of Home Hospital. This program is \$20 and includes lunch. Registration is required and can be made by calling the Kathryn Weil Center for Education at (765) 449-5133 or completing the registration form on this brochure and returning to the center.

Schedule of events

8 – 9 a.m.: Registration and continental breakfast

9 – 10:15 a.m.: Keynote presentation:

"Grief and the Holidays" by Melissa Nelson.

10:30 – 11:30 a.m.: Discussion groups *Please choose one group*

- Orphaned Adults – Nobody's Child Anymore: For those adults who experienced the death of their parents. –Rev. Denny Frank, minister of Christian education, certificate from Center of Loss & Life, Colorado State.
- After You've Lost Your Spouse –Janet VanBuskirk, R.N., and Melissa Nelson, R.N., MSW.
- When Your Child Dies –Marcy Wastl, BSIM Purdue University. Marcy has two children, Kurt, 24, and Lauren who died 10 years ago at the age of 16. She is the chapter leader of The Compassionate Friends and has presented workshops at national conventions.

- Understanding Grief: What is Normal Grief? –Bev Hardesty, director of Hippensteel Grief Center.
- Supporting the Grieving Child –Cyndy Yoder, Hippensteel Funeral Service. Cyndy has worked with grieving families since 1996 and is the founding director of Trails of Hope Camp for Grieving Children. She received her certification in death studies with Dr. Alan Wolfelt at the Center for Loss, Ft. Collins, Colo.
- Sharing Spiritual Stories – Sharing and Learning How Faith Experiences Can Strengthen Us in Death and Grief. –Nancy S. Eberhard, M. Div. bereavement coordinator at St. Elizabeth Hospice, Disciples of Christ minister.

11:30 a.m. – 12:15 p.m.: Buffet lunch

12:15 – 1:30 p.m.: Activity groups *Please choose one group*

A chance for expression of life and grief through art and craft.

- Writing: Learn easy, nurturing ways to pour out your feelings, tap your memories and create a treasury of your stories – all while experiencing writing as an avenue for healing and creative self-expression. No writing experience needed, just a willingness to let your story unfold. –Kathy Mayer, owner of Kathy Mayer Writing.
- Collage: Art expression for people who are not necessarily artistic. Simple methods to express grief or create a memory of a loved one. Supplies will be provided or you may bring a picture or piece of fabric or other materials. –Christina Ruggiero, artist, BFA from Ball State University.
- Music and Grief – Experiencing in Listening. –Sharon Boyle, M.M., MT-BC, associate professor of music therapy and coordinator of the undergraduate music therapy program at Saint Mary-of-the-Woods College.

1:30 – 2 p.m. Closing